Here are words to pescribe that STRESS feeling:

ALL ALONE uptight MOODY

CRABBY TIRED OUT

FREAKED OUT

JITTERY QUEASY



ANXIOUS

» nervous

goose-bumpy

burned out

JUMPY

PANICKY

WIRED CONFUSED



FRUSTRATED

fidgety ready to burst

trapped RESTLESS

UPSET TROUBLED

WOUND UP Mixed up



SCARED

WORRIED